

Hawkesbury Figure Skating Club Rules

To ensure that participation in the Hawkesbury Skating Club is an enjoyable, safe and beneficial experience to all participants we ask that skaters, parents and coaches observe the following rules:

1. Skaters must arrive at least 15 minutes before the ice session to be ready and changed to go on the ice for their session.
2. Skaters must wear appropriate skating attire during regular sessions. (Jeans are not permitted and skaters must have long hair tied back with 'bangs' in a clip.
3. The arena rink doors must be closed during skating sessions
4. No one is to get on the ice when zamboni is on and the door must be closed during the flood.
5. The coaches determine the music played during sessions with priority given in order of request.
6. Skaters whose music is playing have priority of 'right of way' so please listen to the music so you are able to recognize the skater who is doing their solo.
7. Skaters should be moving at all times while on the ice. Please do not stand in the middle of the ice unless you are waiting for the start of your music.
8. Profanity is strictly prohibited in the dressing room and on the ice.
9. Parents (not the coaches) are responsible for their children and should be present during their child(s) skating session particularly at the lower levels.
10. It is mandatory that each CAN skate participant has a responsible adult present at the arena at all times.
11. Skaters who fall should always attempt to get up quickly and out of the way of others skaters. (Please no sitting on the ice).
12. Gum, candy, food and drinks are strictly prohibited at the ice surface. (water bottle only)
13. Due to insurance requirements, family, friends and coaches are prohibited on the ice if not registered with Skate Canada.
14. Guest Skaters are only permitted lessons from Skate Canada Coaches affiliated with our club.
15. We look to our Coaches, Skaters, Club Executive and Parents to be role models for our young athletes on and off the ice. Please remember to set a good example for all skaters.

16. Skate Canada Coaches who are not affiliated with our Club must obtain Club Executive approval prior to attending any club sessions for the purpose of providing instruction either on or off the ice.
17. Out of Club members must obtain permission from Club Executive and pay the guest skating fee prior to the start of the skating sessions. Executive members only can give permission. The same rules apply to all non-members of the Hawkesbury Skating Club.
18. The Club will allow 3 consecutive guest skating before the skater will be required to register with the club for the sessions.
19. Should a problem arise on or off the ice with a skater, the club's Head Coach should be notified and all discussions should take place between coaches and not between skater and coach.
20. Coaches may give a skater a MAXIMUM of a 15 minute lesson at the end or the beginning of a session when the skater is skating outside of their scheduled session. This is to be done ONLY if the coach has time restraints. Should a skater need lessons on a regular basis outside of their scheduled session the Executive committee must be notified.

The Hawkesbury FSC is reliant on volunteers, coaches and senior skaters to successfully run the club for the benefit of ALL skaters.

Please ensure that you treat our TEAM respectfully!!

Thank you,

The Hawkesbury FSC Executive Team